

Cycle For Change - Powered by Matrix Fitness

Spinathon - Terms & Conditions of participation

Event Date: Saturday, 13 September 2025

Venue: Workshop17, V&A Waterfront, Cape Town

Hosts: Johnson Health Tech South Africa

By registering for the Cycle for Change Spinathon, you agree to the following Terms and Conditions. These are binding and enforceable under South African law.

1. Voluntary participation and assumption of risk

Participation in this spinathon involves physical exertion and the use of stationary bikes and fitness equipment. By registering for the event, you confirm that your participation is entirely voluntary and at your own risk.

2. Equipment use

You agree to use *all* supplied equipment (including spin bikes, mats, and other apparatus) responsibly, and in accordance with event staff guidance. You accept that misuse may result in injury, and that you are solely responsible for your safekeeping while using this equipment.

3. Indemnity and waiver of liability

To the maximum extent permitted by South African law, you hereby waive, release, and discharge Johnson Health Tech South Africa, Workshop17, S2 Creative Projects Pty (Ltd) and their affiliates, staff, sponsors, agents, and volunteers ("Released Parties") from any claims or liability for injury, loss, or damages arising from your participation.

This waiver excludes liability for gross negligence or wilful misconduct, which cannot be waived under South African law.

4. Medical declaration

You confirm that you are physically fit and capable of participating in a high-intensity indoor cycling session. You accept full responsibility for your health during the event

and release the organisers from liability in the event of illness, injury, or medical emergency.

You also authorise event personnel to seek emergency medical assistance on your behalf should you be unable to do so, at your own cost.

5. Photography, video and media release

You grant the organisers and their partners permission to photograph and film you during the event. Recordings will be requested if your specific audio will be used. You consent to the use of your first name and image in event marketing, digital content, public relations, and promotional campaigns - without compensation or further approval.

6. Data protection

All personal data collected through registration will be processed in accordance with South Africa's **Protection of Personal Information Act (POPIA)** and the Howler privacy policy. Your information will not be shared with third parties beyond the scope of event management and campaign communication.

7. Group / Corporate team submissions

If you are registering on behalf of a **corporate team or group**, you confirm that each participant has been made aware of, and has agreed to, these Terms and Conditions. You accept responsibility as group coordinator for the compliance of your team members.

8. Governing Law

These Terms and Conditions are governed by the laws of the Republic of South Africa. Any disputes shall be resolved within its jurisdiction.
